

Healing Willow

rooted in healing

reaching for grace

August

In This Issue

Surprise!

God's Whispers: The Thunder of Peace

Healing Willow Staff

*Intuition navigates
the rapids of
welcomed and unwelcomed
surprises.*

Upcoming Classes

August 15

God's Whispers I

Louisville, Kentucky

Cost: \$79

registration deadline August 12

September 19

God's Whispers II

Louisville, Kentucky

Cost: \$79

Level I is a pre-requisite for Level II

*Download a brochure
and registration form at
www.healingwillow.com*

Surprise

Suddenly a bright light flips on. Surprise! That moment catches you unaware by the unexpected. This surprise astonishes and amazes...perhaps you are filled with awe. Maybe you are shocked. The surprise may fill you with such delight that your eyes sparkle with unshed tears, your heart is lifted in unheard song, and you laugh with childlike wonder. Surprise is the gift we unwrap again and again as we savor the feelings evoked by each surprising experience.

In other moments the surprise we find ourselves caught in is less savory. These moments are the lessons and challenges in our lives. They seemingly come out of nowhere and land unceremoniously at our feet. "Egad," we might groan as we wade through the repercussions of those particular surprises.

"Surprise," says the voice of the Divine. With that single word, we are propelled into an adventure. We may float down the river of our lives in eager anticipation of what lies around the bend. Or, we may walk on the bank because it appears safer. Do we ride the rapids keeping an eager eye out for the treasures floating in the current? Or, do we walk on the bank? If we choose the seeming safety of the bank, how long is it before we slip on mud and land in the rapidly flowing water? As we bob in the river desperately trying to keep our head above water, we may discover that piece of driftwood that holds the key to learning. Do the rainbow sparkles in the foam fill us with peace? Does rocking in the rapids exhilarate or fill us with fear? Surprise engenders a myriad of emotions within us. Courage is the emotion that brings us through the surprises and fills us with the exhilaration of knowing.

Surprise wrapped in any packing is still a surprise. Those occurrences happen without warning; each catches us unaware and triggers many feelings inside of us and present many opportunities in our paths. Our lives are filled with many surprises. Each invites us to rediscover our balance and laugh from the sheer joy of living. Use to intuition to navigate the rapids of welcomed and unwelcomed surprises. Dance in the effervescent joy of this lifelong adventure.

Transformative Opportunities

Intuitive Readings

50 minutes and a written summary of the reading. Cost: \$75.

Quantum Healing

A series of quantum healing sessions can help you identify triggers and release patterns from your energy body and bring you to a place of wholeness. Cost: \$65 per session. (3-6 sessions per Quantum Healing Sequence)

Reiki

Experience relaxation during this 45 minutes session. Cost: \$65 per session.

Transformation Guidance

Create a successful plan for personal growth or your business. Receive an intuitive reading and 3-10 additional guiding sessions during which you and I develop a plan of success. Cost: initial session: \$75; subsequent sessions: \$65. (3-10 sessions per Transformative Experience)

Experience a session in your own home!

Healing Willow

Vanessa Hurst
425 South Hubbards Lane #444
Louisville, KY 40207

fyrserpent@gmail.com
www.healingwillow.com
502.599.7222

God's Whispers: The Thunders of Peace

Several times in the past weeks the sound of thunder has awakened me in the pre-dawn hours. As I lay listening to the bass tones of nature, I floated in the space between sleeping and waking. Did the thunder herald the entrance of damaging storms or was it merely a precursor to much needed rain? Luckily in each occurrence, rain dropped, and we were spared any extreme damage. The gentle pinging soothed my being and lulled me and the earth into a place of burgeoning peace.

Peace is the foundation upon which our intuition grows. When we are in this place of peace, intuition flows from our senses in easily recognized, discernible ways. In this state of grace, we are better able to respond to our intuition. A space of serenity can be created in many ways...breathing, meditating, walking, and practicing Tai Chi are a few of the many ways that stimulate the recognition of intuitive nudges in our lives.

How is peace stimulated in you? During this month acknowledge those peace stimulating moments. Look for ways to create a seamless flow of peace in your life. Notice how your intuition flows when you are being peace.

Namasté, Vanessa

P.S. Open yourself to intuition's flow! Register now for God's Whispers, August 15. (Registration deadline is August 12!)

Healing Willow Staff

Vanessa Hurst has integrated natural health techniques into her practice since 1995. She incorporates Reiki, Medical Intuition, Quantum Healing, and Healing Touch into healing sessions.

Having earned her master's degree in Natural Health in August 2006, Vanessa is now a PhD candidate. Through knowledge learned and experience gained, she works with each client to develop a personalized plan that balances the whole person through energy healing and lifestyle changes.

Vanessa empowers both her students and clients to recognize the miracles of intuition in their lives and respond to the whispers in ways that will align them with their greater purpose.