

# Healing Willow

April 2010

*rooted in healing  
reaching for grace*

## *In This Issue*

Skipping Pebbles

Holding the Light of  
God's Whispers

Healing Willow Staff

1928–2010  
In Loving Memory of  
Mary Margaret  
Who Joyfully Danced  
into the Light



## *Healing Willow Offers*

### *Intuitive Reading:*

50 minutes and a written summary of the reading. Cost: \$75.

*Quantum Healing:* Identify triggers and release patterns at the root of the imbalance. Re-pattern your energy body to gain balance and wholeness. Cost: \$65 per session. (3-6 sessions per Quantum Healing Sequence)

*Reiki:* Experience relaxation during this 45 minutes session. Cost: \$65.

## *Skipping Pebbles*

Splash! Splack! Heave a boulder into a pond, and you will get drenched with the splash and subsequent waves. Toss in a pebble or two. As the pebbles skip you hear gentle plops and see ripples fading outward. Life challenges can be boulders or pebbles depending upon our perception. The boulder is an onerous, overwhelming challenge that is an unwelcomed edition to your life. Life challenges that we view as opportunities to deepen our awareness of our life purposes are the skipping pebbles. By shifting our perception, we can engage in our challenges with a light heart and joy-filled being.

When we allow our emotions to overwhelm us; the challenge becomes insurmountable, and we are unable to look past the boulder facade. The illusion of difficulty grows with unnerving clarity until we are unable to see past the façade of difficulty we have created. At that point, we pick up the boulder; and with grim determination we hurdle it away from us saying, "Be gone!" We heave the imaginary boulder with all our might and the boulder lands mere inches from us. We find ourselves drenched in desolation, and the boulder challenge sits defiantly in our pond. Our despair blinds us, and we are unable to that the boulder is really just a pebble. The pebble becomes an aggravation in our shoe unless we remove the pebble and skip it across the pond.

At other times we are able to view the challenge through objective eyes. The boulders shrink before our eyes until they become pebbles that we can hold them lightly in the palm of our hand. Perhaps we toss the pebbles to become aware of their weight and size and shape. Soon we are tossing them to the rhythm of our life or perhaps they are leading us in a new rhythm. We dance with our pebble challenge. Through this partnership the lesson becomes ingrained in our life dance. In the moment we learn the lesson, the pond calls to us. And, with a flick of our wrist, the stone sails from our hand and we watch as it skips across the water. One, two, three...do you see? Lessons learned; no bridges burned — only wondrous delight of the iridescent glow of love and joy and delight settling into our being.

Boulders or stones...the lesson is the same lesson whether we package it in a heavy, insurmountable boulder or as an instrument joy. Either way the challenge is the key to create new patterns in our lives. Ask yourself, "Do I want to heave a boulder and throw out my back?"

*Intuitive Numerology:* Discover the meaning of your name and the importance of your birth date to your life journey. Gain insights about your life purpose and your next steps on this journey. Reading includes a basic numerology sketch and a six month forecast. Cost: \$125

*Transformation Guidance:* Create a successful plan for personal or professional growth. Receive an intuitive reading and 3-10 additional guiding sessions during which you and I develop a plan of success. Cost: initial session: \$75; subsequent sessions: \$65. (3-10 sessions per Transformative Experience)

### *Healing Willow Staff*

Vanessa Hurst has integrated natural health techniques into her practice since 1995. She incorporates Reiki, Medical Intuition, Quantum Healing, and Healing Touch into healing sessions.

Having earned her master's degree in Natural Health in August 2006, Vanessa is now a PhD candidate. Through knowledge learned and experience gained, she works with each client to develop a personalized plan that balances the whole person through energy healing and lifestyle changes.

Vanessa empowers both her students and clients to recognize the miracles of intuition in their lives and respond to the whispers in ways that will align them with their greater purpose.

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Or, "do I want to fully enter into the challenge and be like the pebble that joyfully and lightly trips on water?"

Challenges don't exist to bring us to despair; challenges are full of inspirations that bring us joy and growth.

May your challenges in the unfolding moments lose the illusion of harshness; of impossibilities; of punishment. Instead may you see the challenges as vehicles of growth, joy, and limitless possibilities.



## *Holding the Light of God's Whispers*

Each of us is an open vessel with a desire to be filled. When we feel empty, we yearn to be made whole. Shall we invite the effervescence of divine light or shall we welcome a heavier drudge? When we consciously and intentionally choose light, ambrosia flows from the Divine Ewer and fills us to the brim.

As our vessels draw nearer the light, we are showered with love and compassion. The nicks and cracks are smoothed away and the vessel expands...more room for more light! Our life patterns that keep us from fully embracing the light gradually disappear on our journey to the Divine. Through conscious awareness we discover what we do not need yet so desperately want. We release what holds us static and firmly in place. As our etheric vessels expand, the ambrosia continues to pour into our being.

With each drop of this divine grace, we grow in our awareness of the sacredness of life. The whispers of God increase in volume or perhaps our hearing becomes more acute and in tune with the Divine. We are unable to ignore the Divine resonance. The singing compels us to listen. And, the listening comes from within...we listen with our heart. Divine song fills us with an incredible lightness of being. Our desire to move in tandem with God's desire is strengthened.

God calls and we listen...even when we ignore him. The subtle whispers call us to embrace the divine spark within and invite more of the grace ambrosia into our life.

In loving memory of Mary Margaret whose nicks and cracks smoothed as she danced into the light of everlasting joy.

*Vanessa*